



# MOLALLA AQUATIC CENTER

## WINTER SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
6:00am								6:00am	
7:00am	Aquacise		Aquacise		Circuits		<b>BOOK YOUR BIRTHDAY PARTY PACKAGE NOW!</b> (503) 759- POOL	7:00am	
8:00am	LAP	LAP	LAP	LAP	LAP	LAP		8:00am	
9:00am	Tot Time	Boards & Fins	Tot Time	Aquacise	Tot Time	Circuits		9:00am	
10:00am	LESSONS	Arthritis	LESSONS	Arthritis	Open Swim 10:00 A.M. - 12:00 P.M.	Deep Water Fitness		10:00am	
11:00am					Pilates	LESSONS		11:00am	
12:00pm	Aquacise		Aquacise			Tot Time		12:00pm	
1:00pm								1:00pm	
2:00pm	CLOSED 1:00 P.M. - 4:00 P.M.	CLOSED 12:00 P.M. - 4:00 P.M.	CLOSED 1:00 P.M. - 4:00 P.M.	CLOSED 12:00 P.M. - 4:00 P.M.	CLOSED 1:00 P.M. - 4:00 P.M.	<b>OPEN SWIM</b> SATURDAY & SUNDAY 1:00 P.M. TO 5:00 P.M.		2:00pm	
3:00pm								3:00pm	
4:00pm	LAP SWIM	LESSONS	LAP SWIM	LESSONS	OPEN SWIM				4:00pm
5:00pm	Open Swim 4- Water Walking		Open Swim 4- Water Walking					5:00pm	
6:00pm	Hydrocise Plus		Hydrocise Plus					6:00pm	
7:00pm		Deep Water Fitness		Deep Water Fitness				7:00pm	
8:00pm								8:00pm	
9:00pm								9:00pm	

\*\*Subject to change, please refer to [www.molallapool.com](http://www.molallapool.com) for updates

Effective February 11, 2019 - June 16, 2019



