



MOLALLA AQUATIC CENTER

FALL SCHEDULE

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday | | | | |
|---------|---------------------------------|---------------------------------|---------------------------------|---------------------------------|--------------------------------------|--|--|---------------------------------|--------------------|---------------------------|--------------------|
| 6:00am | | | | | | | | 6:00am | | | |
| 7:00am | Aquacise | | Aquacise | | Circuits | | BOOK YOUR BIRTHDAY PARTY PACKAGE NOW! (503) 759-POOL | 7:00am | | | |
| 8:00am | L A P | L A P | L A P | L A P | L A P | L A P | | 8:00am | | | |
| 9:00am | Tot Time | Boards & Fins Tot Time | Water Pilates Tot Time | Boards & Fins Tot Time | Aqua Stretch* | Water Boot Camp Deep Water Fitness | | 9:00am | | | |
| 10:00am | LESSONS | | LESSONS | Arthritis | Open Swim 10:00 A.M. - 12:00 P.M. | LESSONS | | 10:00am | | | |
| 11:00am | | Adult Swim | Stretch & Tone | Adult Swim | Circuits | | | 11:00am | | | |
| 12:00pm | Aquacise | | | | | | | 12:00pm | | | |
| 1:00pm | | | | | | | | | 1:00pm | | |
| 2:00pm | CLOSED 1:00 P.M. - 4:00 P.M. | CLOSED 1:00 P.M. - 4:00 P.M. | CLOSED 1:00 P.M. - 4:00 P.M. | CLOSED 1:00 P.M. - 4:00 P.M. | CLOSED 1:00 P.M. - 4:00 P.M. | OPEN SWIM SATURDAY & SUNDAYS 1:00 P.M. TO 5:00 P.M. | | 2:00pm | | | |
| 3:00pm | | | | | | | | | 3:00pm | | |
| 4:00pm | SWIM TEAM | SWIM TEAM | SWIM TEAM | SWIM TEAM | LAP SWIM | OPEN SWIM | | CLOSED AVAILABLE FOR RENTALS | 4:00pm | | |
| 5:00pm | | | | | | | Walking Hydrocise Plus | | LESSONS | Walking Hydrocise Plus | 5:00pm |
| 6:00pm | | | | | | | | | Deep Water Fitness | Aquacise | Deep Water Fitness |
| 7:00pm | | | | | | | | 7:00pm | | | |
| 8:00pm | | | | | | Open Swim 7:00 P.M. - 9:00 P.M. | CLOSED | 8:00pm | | | |
| 9:00pm | | | | | | | | 9:00pm | | | |

**Subject to change, please refer to www.molallapool.com for updates

*Fee Based Class; Must Register at Front Desk

Effective September 4, 2018 - November 11, 2018